



## LUNCHEON & GENERAL MEETING

**October 15, 2009**

Gather at 11:30 with Lunch at Noon

### “A Funny Thing Happened on the Way to the Doctor”

Robert Rosenberg is a Chiropractic Physician who practices and lives in Longwood. Dr. Bob began his career in health care as a paramedic where he met his wife and best friend of thirty-one years, Sheri.

Dr. Bob has 2 wonderful daughters, who are dedicated to helping others in the fields of social worker and speech pathology. He is a Magna Cum Laude graduate of Life Chiropractic College and holds as a post graduate certification from Logan College in sports injuries and physical fitness, He is a Certified “Golf Doctor”, and is a member of the external faculty of Palmer College of Chiropractic in Port Orange. Dr. Rosenberg attends post graduate continuing education in Functional Medicine, Nutrition, Auricular Therapy and Homeopathy. He is a member of The American Chiropractic Association and The American Academy of Spine Physicians. His hobbies include Golf, and Ballroom Dancing. Dr. Bob dedicates his life to helping people achieve optimum Health and Wellness.

Let's give a warm Newcomers welcome to “Dr. Bob.”

### Bonefish Grill in Longwood

407-331-0131

1761 W Sr-434, Longwood, FL 32750



Bonefish Grill has been a favorite venue for years and they are opening for lunch, just for our group. It looks like a great menu, so plan to be there!

There is a map at their website with directions available from where you live. ([www.bonefishgrill.com/longwood](http://www.bonefishgrill.com/longwood)) Travel to I-4 East to exit #94– Longwood/Winter Springs to S.R. 434-E, make a U-turn at Crown Oak Centre Drive to enter shopping center to #1761, the restaurant.

#### MENU Choice of:

Sirloin Steak (center cut, seasoned & grilled)

Grilled Salmon (with signature seasoned butter)

Garlic mashed potatoes

Seasonal garnish

House salad: crisp greens, spring mix hearts of palms, Kalamata olives, ripe tomatoes and freshly roasted pine nuts tossed with a citrus herb vinaigrette.

Chocolate Macadamia Nut Brownie

Served with Raspberry sauce and freshly whipped cream

Ice tea or coffee

\$23.00 including tax and 20% gratuity

### PROCEDURES FOR LUNCHEON RESERVATIONS

Call for reservations according to your last name's initial.

**A - J Dottie Cumello 407/243-2334**

**K - Z Nancy Jaeger 407/366-7538**

**After arriving at the restaurant, proceed to the reservation table. You may pay by CASH or CHECK (made out to NEWCOMERS) and pick up your name tag. No walk-ins. Thank you.**

**ALL RESERVATIONS MUST BE RECEIVED BY 5 PM ON THE MONDAY BEFORE THE LUNCHEON (October 12, 2009).**

**ANY CANCELLATIONS AFTER THE DEADLINE WILL REIMBURSE CLUB.**

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## Joan's Journal

And away we go into our fall season of the 2009/2010 year. My thanks to Martha, Paulette, Ginny, and Pat for arranging a great luncheon.

We were a smaller than usual group, with many ladies still enjoying the end of summer. Unfortunately, several of our members are hospitalized. Judy Babine and Marquita Nelson are home from the hospital now. Please join me in wishing them all a speedy recovery. I'm hoping we will be back to normal by next month, and I hope to see many more of you at the October luncheon.

What a terrific start we had with Tom Terry as our speaker. I think we all enjoyed his presentation, and he was a delightful tablemate. He was, of course, knowledgeable, but was humorous as well, relating funny incidents as he worked his way up the ladder to his present position as Chief Meteorologist of WFTV (Channel 7). We all thoroughly enjoyed his presentation

Check your Chatter for info on the trip to Downtown Disney to view some of the memorabilia of Princess Diana, the People's Princess. Sounds like a nice afternoon. Be sure to send your checks to me for Game Day. A light lunch will be served. This event has been well received in the past. Join us for a fun afternoon with some of your close friends.....or even someone you have just met. Cost only \$20.00 and the proceeds will be going to the Russell House. We will be meeting at the Tuskawilla Trails Club House in Winter Springs. You will be able to play Mah Jongg, Bridge, Bunko and if we have enough interest, maybe Scrabble.

The budget for this year was presented to the members attending the luncheon and it was passed by a majority vote. Karen Davis looked pretty happy as she left with her \$46.00 winnings from our 50/50 drawing.

Edith Schulman received a very pretty candle as her Mystery Gift, and Joan Lenard was so embarrassed when she picked her own name as the winner of a free luncheon. Enjoy it anytime. Joan!!!!

Only a few days left of summer...make the most of them.

Many thanks to those who called and sent get well wishes to me during my recent illness. They helped me to feel better a lot faster. See you next month at the Bone Fish Grille... , which will be October 22, 2009.

Joan



Tom Terry from Channel 9 Weather showing the way the weather patterns affect our local forecasts.



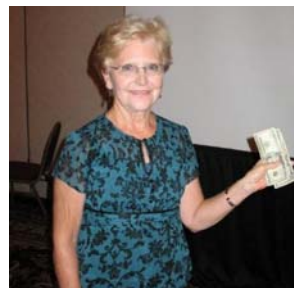
September Birthday ladies attending: (from left) Claudia Downs, Mary Jo Odahowski, Eleanore Smith and Sharen Isham. They are holding the beautiful roses presented to them.



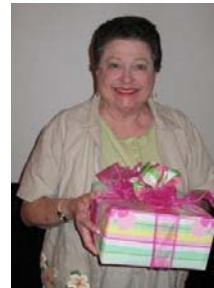
Betty Huff, VP Membership with 2009-10 Membership Directories. Make arrangements to get yours now!



Joan Lenard was the recipient of the free lunch giveaway. She also presented the Inspirational message in Dottie's absence.



Karen Davis won the 50/50 cash prize of \$46.00!



Edith Schulman won the mystery gift.

## BOARD MEETING



**Thursday,  
October 1, 2009  
10:00 am  
Lunch optional**

To be held at Perkin's Restaurant at 11662 East University Blvd.

Please RSVP to Joan Bové if you can or cannot be there.

**November's program will be two attorneys speaking on elder law, nursing homes, wills and trusts. To make sure that your questions are answered, contact Linda Gallagher at 407-359-1893.**

## WELCOME COFFEE FOR NEW MEMBERS

If you joined as a new member during the past year and have not attended a "welcome coffee", you are encouraged to attend this one on Thursday, October 8, 2009.

It will be from 10:00-11:30am at the home of Louise Gallagher, 2375 Sterling Creek Parkway, Oviedo, FL. 321-765.4371

There will be refreshments provided and it is an opportunity to get to know the Board members and learn about the club.

Please RSVP to Gloria Irwin @407-331-6147 by Monday, October 2.





## INSIDE THE ARTS

Friday night, October 9th  
at 7:30 p.m. for a Night of  
Music and Laughter at the  
newly-renovated

### WINTER PARK PLAYHOUSE

Located on Orange Ave. between Pennsyl-  
vania Avenue and 17-92 in Winter Park.  
Parking is available on the street and in a  
parking lot behind the theater.

The play is "**FOURPLAY**" - the improvised  
musical with 20 original songs and 16 one of  
a kind characters in two  
laughter-filled acts".

The cost is \$34.00 per person or \$22.00 for  
students. We must have payment for your  
ticket(s) on or before September 7th.

Please mail your check to Barbara Wiseman  
920 Torrey Pine Drive, Winter Springs, FL  
32708 (407-365-9121)  
or to

Linda Gallagher 664 Saranac Drive, Winter  
Springs, FL 32708 (407-359-1893) making  
the check payable to either Linda or Bar-  
bara. Spouses and/or Guests are also wel-  
comed.

If you would like to have Dinner before the  
show, some of us will be meeting at 5:15  
p.m. at Fiddlers Green which located right  
near the Theatre. Let us know if you will be  
going to Dinner as we need to make  
arrangements with the restaurant.

## The Treasurer's Report by Brenda Jones



### Treasurers Report ending July 2009

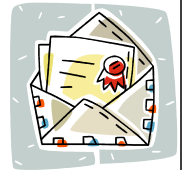
<b>Beginning balance</b>	<b>\$8,481.90</b>
<b>Deposits</b>	<b>\$1,897.00</b>
<b>Expenses</b>	<b>\$1,767.05</b>
<b>Ending Balance</b>	<b>\$8,611.85</b>



## Correspondence

**Gloria Irwin**

**407-331-6147**



If you know of any member going through a  
difficult time, please let me know.

Get well card sent to:

Marge Ahearn

Joan Bove

Timothy Kubanet

Shirley Vining

Thank You card sent to:

David Bossie – Antonio's Ristorante

Welocme letters and directories sent to:

Nancy Harrington-Davis

Denise McDonald



### ATTENTION ALL MEMBERS!!!

IF YOU WOULD LIKE TO SUBMIT AN ARTICLE FOR THE NEWSLETTER, PLEASE CALL LYNNE SNOWDEN @407-696-2886 OR EMAIL TO LSNOWDEN@CFL.RR.COM BY THE CURRENT DEAD-LINE WHICH IS THE MONDAY BEFORE THE LUNCHEON EACH MONTH. THANKS!



**BUNKO GROUPS**



**Bunko Belles**

Wednesday, October 7 12 noon  
Pat Coyle 407-275-0437

**Bunko Babes**

Thursday, October 8, 7 pm  
Donna Flandreau 407-702-2711

**Bunko Buddies**

Monday, October 19 12 noon  
Pat Coyle 407-275-0437

**Bunko Belles**

Thursday, October 22 7 pm  
Carol Schuett 321-235-9414

**PINOCHLE PALS**



**Judy Babine**

Couples Pinochle is being held the 3rd Saturday of the month at 6:30 PM. This is a new activity and we currently have 2 tables. We are recruiting for a 3rd table.

For more information, call Judy Babine - 321-972-8510 or 407-222-2961.

**BOOK GROUP**



**Denise Tucker – contact me at:**  
407-286-8803 or

[mrsdenisetucker@yahoo.com](mailto:mrsdenisetucker@yahoo.com)

**Book Group meets the third Tuesday of every month at Border's on Red Bug in Oviedo**

**Borders October 20th at 1:30 pm**

**Julie and Julia by Julie Powell**

"This month we voted for a fun breezy read."

True story of how one woman's blog resulted in fame (different from the movie).

"You'll devour this delicious memoir describing one woman's search for excitement, fulfillment, and the perfect crepe."-Cosmopolitan.

"Hysterical descriptions of the culinary challenges that Powell met along the way." – Washington Post Book World

**Border's November 17th at 1:30 pm**

**LAMB, The Gospel According to Biff, Christ's Childhood Pal by Christopher Moore**

"As a group, we voted for something edgy. LAMB is similar to the humor of Monty Python, especially "The Life of Brian". Moore never fails to deliver something deliciously decadent."

Some may misconstrue Moore's efforts as blasphemous or a mockery. Moore's book is simply a light-hearted offering of what life just might have been like for Jesus as a child. Though he takes Jesus' studies seriously, this is not a book meant to change the world. Seek it out with an open mind and a willingness to be entertained.

We invite you to try our Book Group. We chose books by voting and like to stay current. We always enjoy a lively discussion, made even better with opposing points of view.

**MAH JONGG**

**Mike Frazier 407-365-5251**

**Joan Bové 407-971-3911**



**Mondays 11- 3pm**

All games will now be held at the Riverside Community Center on Lockwood in Oviedo. Oviedo residents \$3.00, others \$4.00.

Bring your bag lunch. There are soda machines available.

RSVP to Mike.

**ATTENTION NEW MEMBERS:**

**Please contact the Interest Group Chairman directly if you would like to join any group listed in the Chatter. You may become a regular or a substitute.... Just call!**



**CHICK FLICK**

Last Tuesday of month

We alternate between Oviedo Mall and Waterford Lakes Mall theaters.

The movie selection will be emailed the week before the movie on Tuesday. If you do not have email, please call to find out the selection and to RSVP.

Barbara Zeyn – Waterford – 321-235-0584

Beth Zelikoff – Oviedo – 407-365-3297

**October 27 at Oviedo Mall Regal Theater**



**BRIDGE**

4th Wednesday

October 28, 2009

You are welcome to join our Bridge group. We play at The Tremont on Red Bug Lake

Road on the fourth Wednesday of each month. Snacks are provided by a "player" each month. We take reservations by phone or email all month, but request that all reservations or cancellations be made by the Monday of the week we play. The Tremont is located next to the Macaroni Grill at 7015 Red Bug Lake Road, phone 407-359-5787.

Pat McRee patmcree@bellsouth.net 407-359-1228

Sim Horst skhorst@embarqmail.com 407-678-2961

**GAME DAY FUND RAISER**

Thursday, October 22, 2009

10 am– 3 pm

Tuskawilla Trails Clubhouse

Lunch and drinks provided

And lots of door prizes!

Proceeds will be going to the Russell House \$20.00 per person

Bring you own foursome to play your game of choice and make reservations to Shirley Vining @ 321-348-3799 by Monday, Oct. 19.

Please refer to the flier from last month for more information or ask Lynne Snowden by email.



**POTLUCK DINING-**

GEORGEANN CLEMONS

407-416-1074

ROSEMARY KUBANET

407-702-2389

**Progressive Halloween Potluck!**

**October 24, 2009**

This potluck will be hosted by Joan Lenard, Rosemary Kubanet & Georgeann Clemons at each of their homes. The date had to be moved to the 24<sup>th</sup> due to the emergency surgery of Rosemary's husband. This potluck is Halloween-themed so

**Costumes requested!**

When you call for reservations, please specify if you would prefer to bring an appetizer, salad, side dish or a dessert to accommodate the total number attending, or for a minimum of 12 servings. BYOB. Mixers and soft beverages will also be provided by the hostesses.

**Call Joan Lenard @407-671-8454**

**for reservations.**

Couples and singles welcome! It's a wonderful opportunity to mingle with friends and to get more familiar with those you haven't met.



**A BIG THANK YOU!**

The soldiers in Iraq received the seven boxes of books that were donated.

The thoughtful gift was very appreciated and they want to thank you all for your generosity.

**COOKIES FOR THE TROOPS**

Please contact Sharon DeRose for the next personal project to give thanks to our troops.

Her phone number is

407-699-5677.

Her son is serving there now.





# Photos from September Luncheon at The Radisson



Karen Davis, Martha Cirrotti, Betsy Dhuyvetter, Sharen Isham and Eleanore Smith with others mingling in the background.



Pat Fluno, VP Programs, with speaker Tom Terry.



Joan Lenard and Barbara Wiseman



Mary Ward, Denise Tucker and Mike Frazier just got their new Membership Directories. (reflection over Denise's head)



Rita Collins, Mike Frazier and Betsy Dhuyvetter



Bonnie Billoni and Doris Brinn



Dee Giessuebel, Mike Krajewski and Mary Jo Odahowski. Welcome back, Mike!



Tina Parrish with guest and new member, Nikkie Rucker



Aileen Steed and Pat Brizel



Edith Schilman and Joan Bove



Georgeann Clemons and Rae Rosante



Speaker Tom Terry with Mike Frazier (she was everywhere!)

← and

Tom Terry with Joan Bové





There are no strangers, just friends we haven't met.

# October 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1  BOARD MEETING	2	3
4	5  MAH JONGG	6	7  BUNKO-NOON	8  BUNKO- 7 PM	9  INSIDE THE ARTS	10
11	12  MAH JONGG	13	14	15  LUNCHEON MEETING	16	17  COUPLES PINOCHLE
18	19 BUNKO-NOON  MAH JONGG	20  BOOK GROUP	21	22  BUNKO- 7 PM	23	24  POTLUCK DINING
25	26  MAH JONGG	27  <i>Chick Flick</i>	28  BRIDGE	29	30	31  HALLOWEEN